

# Relax and Rejuvenate with an At Home Spa Night this Holiday Season



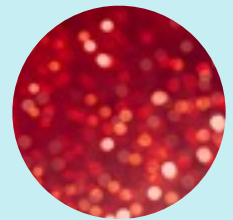
## Treating yourself doesn't have to mean leaving your house!

We know you love a trip to our spa, but if you can't come regularly we encourage you to try a spa experience from the privacy of your own bathroom. You can transform your evening in, into a 5-star experience. After a long week of work, school, shopping for your loved ones this holiday season, or whatever else has been filling your schedule, you deserve the best-of-the-best and who better to treat you like the queen you are than yourself? Don't let me fool you though. Nothing is better than a relaxing spa service with one of our amazing Daymakers. Who knows maybe you'll find a WM gift card in your stocking this year. Until then my step by step guide will have you feeling relaxed and rejuvenated.

**1**  
SET THE MOOD

**2**  
BEAUTY PRODUCTS

**3**  
RELAX



### Holiday Party?? We've got you covered!

Spice up your holiday look with these trends below.



### Red Lipstick is a Must!

Dress any outfit up with a trendy red lip from WM Cosmetics.



### Holiday Nails!

White and gold nails will have everyones head turning this holiday season.

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## The Steps

1. **Set the mood-** When it comes to creating a spa like experience it is important to set the mood right. Our Wondering Pines candle by Farmhouse Fresh or Icy Blue Pine from Votivo is perfect to get you in the holiday spirit along with the Apple Toddy Bath Bomb. Light your candle, throw in this delicious smelling bath bomb, and dim the lights.
2. **Time to reach for those beauty products-** While you're soaking in the tub it's the perfect time to throw on a hair mask and tie up your hair with an Invisibobble hair tie which is tangle and headache free. I personally love the bumble and bumble invisible oil balm-to-oil pre shampoo mask. Once that's shampooed out or left in overnight and shampooed in the morning for a more intensive hydration I recommend using a Wet Brush to smooth through any tangles. The hair mask will leave hair feeling super soft and smelling great. Next you're gonna wanna put on a face mask and moisturize after. Talk with your esthetician to find the perfect skin care duo for you! Because of the winter weather, it's really important to exfoliate and rid your skin of any dead cells and impurities. Our top selling body scrub is the sweet cream scrub from Farmhouse Fresh. Once out of the bath it is important to use a lotion to keep your skin feeling soft. Lucky for you we sell a wide variety of great smelling body lotions. Lastly I highly recommend putting on the Honey Heel Glaze by Farmhouse Fresh with spa socks over night for feet that look like they just received a pedicure.
3. **Time to Relax-** Once your body is scrubbed and your hair is polished it's time to relax. My personal favorite way to relax is by binge watching my favorite show on Netflix and enjoying a hot cup of Aveda tea. It has no caffeine or sugar and is sweetened with licorice root and peppermint leaf, once you are finished with this amazing tasting tea you'll be ready for a great nights sleep.



## MEET BREANNE

Hello! I'm obsessed with all things beauty. I've been in the beauty industry for a total of 6 years. I'm a marathoner, a new mom, and an up and coming blogger so I know how hard it can be to find time for yourself especially during the holiday season. One thing you should know about me is that I NEVER promote a product I don't absolutely love and I stand by all the products I named in this article. I am so happy to write this post for you because I believe everyone deserves to treat themselves!

xoxo -Breanne

